

# **ADDRESSING DISPARITIES**



Indigenous communities in Canada are burdened with two-to-five times the national rates of chronic diseases. These communities are among the highest-risk populations for diabetes and related complications, and of respiratory diseases, such as chronic obstructive pulmonary disease (COPD), heart disease, ongoing tuberculosis (TB) transmission. In many cases, they also experience limited access to critical healthcare resources.

Addressing disparities in Indigenous health and wellness is a monumental endeavour for our country that requires collaboration, innovation and commitment between communities and the public, private and/or philanthropic sectors.

# WE PARTNER ON INDIGENOUS COMMUNITY-LED INITIATIVES FOCUSED ON:

Marco Improving health outcomes



Advancing health and environmental wellness



Closing the gap in healthcare disparities by making healthcare more sustainable, accessible and inclusive with sustainable resources and programs

# PARTNERING FOR A BETTER TOMORROW

Effective healthcare strategies for Indigenous communities in Canada are essential and should be grounded in the specific social, cultural and health service contexts of their community. That's why we partner to co-create, community-driven solutions.

PATHWAYS is an initiative that aims to close the gap in Indigenous healthcare disparities, improve health outcomes and advance general wellness through sustainable resources and programs.

# CURRENT PILOT PROGRAMS

#### NUU-CHAH-NULTH TRIBAL COUNCIL

Leveraging technology to support virtual diabetes care and support health-care practitioners by providing culturally sensitive care that considers historical impacts and the unique needs of the Indigenous community.

# MASKWACIS FIRST NATIONS

Expanding the application of virtual healthcare technology to connect more patients with healthcare practitioners and the required resources needed.

#### MANITOBA METIS NATION

Helping advance precision care for 1,200 citizens living with type 2 diabetes by empowering caregivers to develop prevention strategies to deliver culturally appropriate patient-centred care.

#### WAGMATCOOK FIRST NATION

Integrating multi-disciplinary healthcare practitioners to support people living with type 2 diabetes by providing healthy lifestyle choices and addressing food insecurity issues in rural Nova Scotia communities.

# SIX NATIONS (ON)

Investigating the impact of food and water insecurity, food production and distribution and regional agricultural processes that impact prevalence and management of type 2 diabetes to promote the consumption of traditional foods.

# SIKSIKA NATION (AB)

Preventing and reducing the occurrence and recurrence of diabetic foot ulcers for Siksika members with type 2 diabetes.

#### **MUNICIPALITY OF BAKER LAKE (NVT)**

Working with youth through the "Champions for Local Health" project, to educate youth on the impact of diabetes. Community champions will share their knowledge with others in the community.

# EBB & FLOW FIRST NATION (MB)

Providing education and awareness about type 2 diabetes and how it can be delayed/prevented through early awareness programs. The program will teach how to create sustainable support systems within the community.