

## WHY IS REAL-WORLD EVIDENCE (RWE) IMPORTANT?

### Randomized Controlled Trials (RCTs)



RCTs establish the **safety and efficacy** of a treatment in a well-defined population<sup>1</sup>

### RWE studies



RWE studies provide **additional insights** into the effectiveness and safety profile of treatment in routine clinical practice<sup>2</sup>

### Why conduct RWE studies?

- Complement and support findings from RCTs<sup>1,3</sup>
- Provide **evidence on usage, effectiveness and safety** during routine clinical care from a broad population<sup>3</sup>
- Answer questions which RCTs are not typically designed to address<sup>3</sup>



## RATIONALE FOR EMPRISE

**EMPA-REG OUTCOME<sup>®</sup>** trial demonstrated that empagliflozin **reduced the risk of cardiovascular (CV) death, hospitalization for heart failure and all-cause mortality** in patients with type 2 diabetes and CV disease (CVD)<sup>4</sup>

Additional analyses indicate that these effects are **consistent across the CV risk continuum** within the EMPA-REG OUTCOME<sup>®</sup> population<sup>5</sup>



Implications of these findings in routine clinical care across a broad CV risk continuum had not been investigated

## INTRODUCING EMPRISE



### Sources:

Three large databases in the U.S.: Optum, MarketScan and Medicare<sup>6</sup>



### Duration of study:

First 5 years of empagliflozin use in the U.S. (2014–2019)<sup>6</sup>



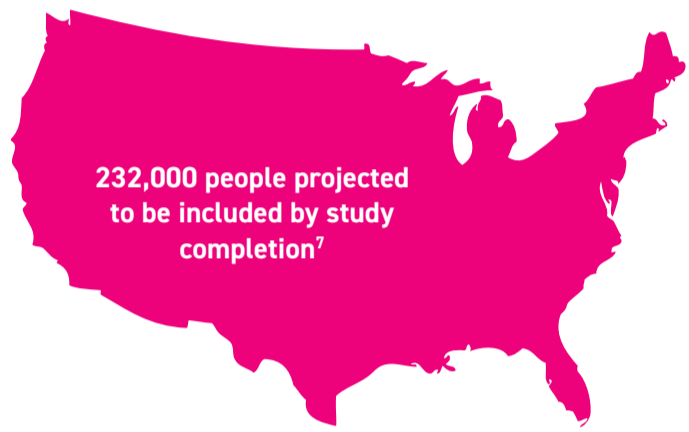
### Design:

1:1 propensity score matching of over 140 covariates improving comparisons between patients matched by known baseline variables<sup>6</sup>



### Comparison:

Empagliflozin versus DPP-4 inhibitors<sup>6</sup>



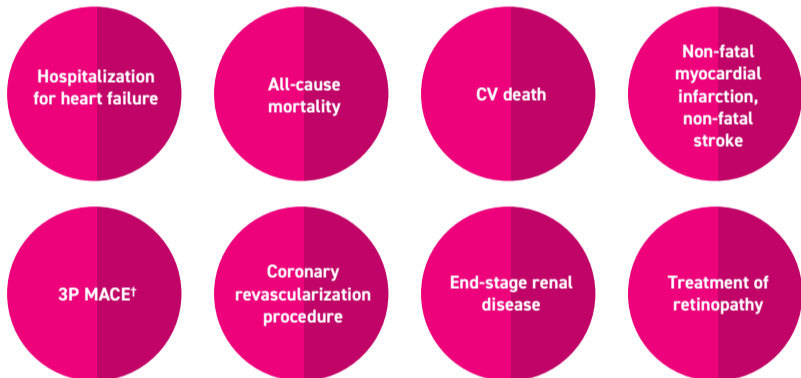
## EFFECTIVENESS OUTCOMES<sup>8</sup>



### EMPRISE initiated and led by:

Division of Pharmacoepidemiology at Brigham and Women's Hospital (BWH) and Harvard Medical School

Built upon an academic collaboration between BWH and Boehringer Ingelheim



## SAFETY OUTCOMES<sup>8</sup>

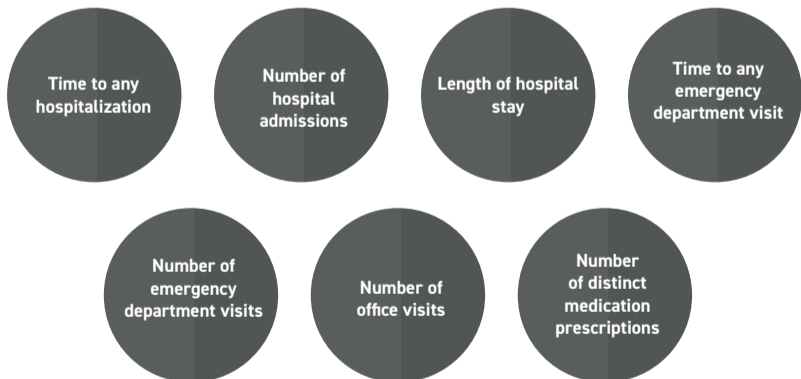
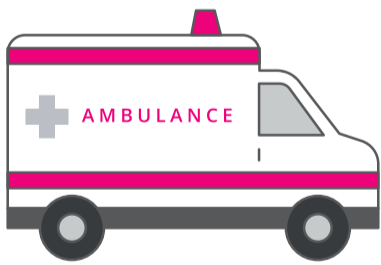


### Why compare to a DPP-4 inhibitor?

DPP-4 inhibitors represent an optimal comparator with similar treatment algorithm position, similar glycemic efficacy, similar hypoglycemia risk and largely neutral CV outcomes<sup>7</sup>

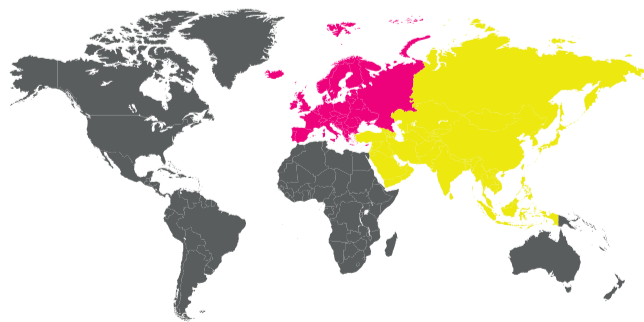


## HEALTHCARE RESOURCE UTILIZATION AND COSTS OUTCOMES<sup>9</sup>



## WHAT IS NEXT FOR EMPRISE

Started in 2019, additional EMPRISE studies in **Asia and Europe**, will provide insights from different regions of the world with an international perspective on the use of empagliflozin in routine clinical care



## REFERENCES

- <sup>1</sup> Makady A et al. Policies for Use of Real-World Data in Health Technology Assessment (HTA): A Comparative Study of Six HTA Agencies. *Value Health*. 2017;20:520–32 <sup>2</sup> Food and Drug Administration. Use of real-world evidence to support regulatory decision-making for medical devices. August 2017. Available at: <https://www.fda.gov/media/99447/download> (accessed June 2020) <sup>3</sup> Sherman RE et al. Real-World Evidence – What Is It and What Can It Tell Us? *N Engl J Med*. 2016;375:2293–7 <sup>4</sup> Zinman B et al. Empagliflozin, cardiovascular outcomes, and mortality in type 2 diabetes. *N Engl J Med*. 2015;373:2117–28 <sup>5</sup> Fitchett D et al. Empagliflozin Reduced Mortality and Hospitalization for Heart Failure Across the Spectrum of Cardiovascular Risk in the EMPA-REG OUTCOME Trial. *Circulation*. 2019;139:1384–95 <sup>6</sup> Paterno E et al. The EMPagliflozin compaRative effectiveness and SaFety (EMPRISE) study programme: Design and exposure accrual for an evaluation of empagliflozin in routine clinical care. *Endocrinol Diabetes Metab*. 2019;3(1):e00103 <sup>7</sup> Boehringer Ingelheim Data on file <sup>8</sup> ClinicalTrials.gov. NCT03363464. Available at: <https://clinicaltrials.gov/ct2/show/NCT03363464> (accessed June 2020) <sup>9</sup> EU PAS Register. EUPAS20677. Available at: [www.encepp.eu/encepp/viewResource.htm?id=21657](http://www.encepp.eu/encepp/viewResource.htm?id=21657) (accessed June 2020)

<sup>†</sup>3-Point Major Adverse Cardiovascular Event (CV death, hospital admission for myocardial infarction, hospital admission for stroke)